*RED FONT – Information to be added or edited.*

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| **GOAL 2** | To increase the capacity of parents/guardians to model healthy behaviors and to partner with families and providers to identify and address needs, provide comprehensive health services, and promote overall wellbeing.  |
| **SITUATION** | *Where is the data coming from? How is this tied to the Community Assessment and/or Self-Assessment?* |
| **GOAL ALIGNMENT** | *Which School Readiness Goals and PFCE Goals connect to this Program Goal?* |

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| **Objective 1** |  | **Output**  |  | **Outcomes / Program Impacts** |
| Two thirds (2/3) of families will receive and utilize health education.(Measurements and/or data include: log parent attendance to meetings, pre/post test results from workshops, screening results, parent surveys, discussion with FS/BHV, parent focus group activities following training, self-report feedback, and follow-up conversations) | **Activities:*** Healthy behaviors workshops (identify themes and frequency of schedule.)
* Use health/safety screening tool (list tools)
* Conduct family activities at center (be more specific, timeline, themes.)
 | **Participation:*** Families
* Staff
* Providers
* Consultants
* Specialists
 | **Short term outcomes**By the end of 2nd trimester we will have X % parent participation to health education training and workshops.**Intermediate outcomes**By end of year 1 X % of parents will increase knowledge and demonstrate healthy behaviors **Long term outcomes**By year 2 and beyond, X % of our Parents/guardians will model healthy behaviors at home |

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| **Objective 2** |  | **Output**  |  | **Outcomes / Program Impacts** |
| Provide info on community resources that promote health and wellness based on family’s individual needs and provide follow up support to 100% of our families.(Measurements and/or data include: log parent attendance to meetings, pre/post test results from workshops, screening results, parent surveys, discussion with FS/BHV, parent focus group activities following training, self-report feedback, and follow-up conversations) | **Activities:*** Conduct healthy screenings
* Actively increase and maintain community collaborations with local agencies
* Maintain records and follow-up through documentation
* Keep data collection on ChildPlus
 | **Participation:*** Families
* Staff
* Providers
* Consultants
* Specialists
 | **Short term outcomes**By the end of 2nd trimester 100% of our parents will be able to name, locate and increase knowledge of, at least, 3 community resources that promote health and wellness**Intermediate outcomes**By end of year 1 X % of parents will increase knowledge and demonstrate self-reliance in the use of health and wellness local resources. **Long term outcomes**At the end of the Head Start Program 75% of our parents will demonstrate self-reliance on how to use community resources that promote health and wellness. |

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| **Objective 3** |  | **Output**  |  | **Outcomes / Program Impacts** |
| 90% of children with receive EPSDT as appropriate for age | **Activities:*** Obtain medical records
* Conduct healthy screenings
* Follow up with families to make appointment
* Conduct and facilitate family health education sessions
 | **Participation:*** Families
* Child
* Staff
* Providers
* Consultants
* Specialists
 | **Short term outcomes**By the end of 2nd trimester 100% of our parents will be able to increase knowledge of health and developmental history of their children**Intermediate outcomes**By the end of the first year 50% of our parents will have increased knowledge of health education, prevention and early intervention to reduce health problems of their children.**Long term outcomes**At the end of the Head Start Program 75% of our parents will demonstrate self-reliance on how to take control of health prevention and health appointment follow-up  |