*RED FONT – Information to be added or edited.*

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| **GOAL 2** | To increase the capacity of parents/guardians to model healthy behaviors and to partner with families and providers to identify and address needs, provide comprehensive health services, and promote overall wellbeing. |
| **SITUATION** | *Where is the data coming from? How is this tied to the Community Assessment and/or Self-Assessment?* |
| **GOAL ALIGNMENT** | *Which School Readiness Goals and PFCE Goals connect to this Program Goal?* |

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| **Objective 1** |  | **Output** | |  | **Outcomes / Program Impacts** |
| Two thirds (2/3) of families will receive and utilize health education.  (Measurements and/or data include: log parent attendance to meetings, pre/post test results from workshops, screening results, parent surveys, discussion with FS/BHV, parent focus group activities following training, self-report feedback, and follow-up conversations) | **Activities:**   * Healthy behaviors workshops (identify themes and frequency of schedule.) * Use health/safety screening tool (list tools) * Conduct family activities at center (be more specific, timeline, themes.) | **Participation:**   * Families * Staff * Providers * Consultants * Specialists | **Short term outcomes**  By the end of 2nd trimester we will have X % parent participation to health education training and workshops.  **Intermediate outcomes**  By end of year 1 X % of parents will increase knowledge and demonstrate healthy behaviors  **Long term outcomes**  By year 2 and beyond, X % of our Parents/guardians will model healthy behaviors at home |

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| **Objective 2** |  | **Output** | |  | **Outcomes / Program Impacts** |
| Provide info on community resources that promote health and wellness based on family’s individual needs and provide follow up support to 100% of our families.  (Measurements and/or data include: log parent attendance to meetings, pre/post test results from workshops, screening results, parent surveys, discussion with FS/BHV, parent focus group activities following training, self-report feedback, and follow-up conversations) | **Activities:**   * Conduct healthy screenings * Actively increase and maintain community collaborations with local agencies * Maintain records and follow-up through documentation * Keep data collection on ChildPlus | **Participation:**   * Families * Staff * Providers * Consultants * Specialists | **Short term outcomes**  By the end of 2nd trimester 100% of our parents will be able to name, locate and increase knowledge of, at least, 3 community resources that promote health and wellness  **Intermediate outcomes**  By end of year 1 X % of parents will increase knowledge and demonstrate self-reliance in the use of health and wellness local resources.  **Long term outcomes**  At the end of the Head Start Program 75% of our parents will demonstrate self-reliance on how to use community resources that promote health and wellness. |

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| **Objective 3** |  | **Output** | |  | **Outcomes / Program Impacts** |
| 90% of children with receive EPSDT as appropriate for age | **Activities:**   * Obtain medical records * Conduct healthy screenings * Follow up with families to make appointment * Conduct and facilitate family health education sessions | **Participation:**   * Families * Child * Staff * Providers * Consultants * Specialists | **Short term outcomes**  By the end of 2nd trimester 100% of our parents will be able to increase knowledge of health and developmental history of their children  **Intermediate outcomes**  By the end of the first year 50% of our parents will have increased knowledge of health education, prevention and early intervention to reduce health problems of their children.  **Long term outcomes**  At the end of the Head Start Program 75% of our parents will demonstrate self-reliance on how to take control of health prevention and health appointment follow-up |